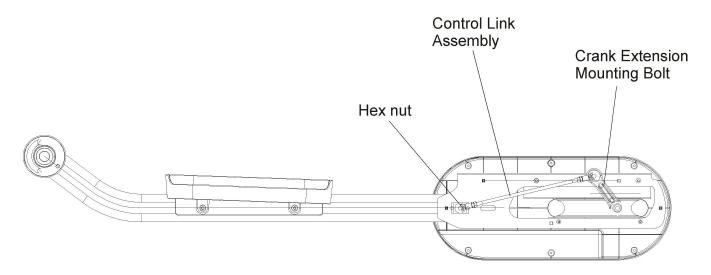
Life Fitness Cross-Trainers 90X, 93X, 95Xe, and 95Xi How To... Replace the Control Link Assembly

Special Service Tools Required: NONE



- 1. Remove the Main Shrouds. See "How To..." in this section.
- 2. Remove the Outer Link Cover. See "How To..." in this section.
- 3. Remove the Hex Nut securing the front end of the Control Link Assembly to the Pedal lever.
- 4. Remove the Crank Extension Mounting Bolt securing the rear of the Control Link assembly.
- 5. Assemble the new Control Link Assembly in reverse order.

Note: Apply Loctite 242 to Torx bolts and nuts securing the Control Link and Crank Extension to unit.